

**Catherine Kaplan, Ph.D., LLC**  
**PATIENT MEDICAL HISTORY FORM** (rev 01/17)

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

AGE: \_\_\_\_\_ GENDER: M F

\_\_\_\_ NO KNOWN DRUG ALLERGIES / PLEASE LIST ALLERGIES TO MEDICATIONS, X-RAYS, DYES OR OTHER SUBSTANCES: \_\_\_\_\_

CURRENT MEDICAL DIAGNOSES: \_\_\_\_\_

CURRENT MEDICATIONS: \_\_\_\_\_ NO CURRENT MEDICATIONS  
LIST MEDICINE AND DOSE:

When was your last Physical Exam? \_\_\_\_\_

Completed by whom: \_\_\_\_\_

Type of doctor: Primary care or specialist? \_\_\_\_\_

**PAST MEDICAL HISTORY AND REVIEW OF SYMPTOMS:**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Bronchitis                   | <input type="checkbox"/> Lightheaded   |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Pneumonia                    | <input type="checkbox"/> Numbness of   |
| <input type="checkbox"/> Cancer               | <input type="checkbox"/> Persistent Cough             | arms/legs                              |
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> T.B.                         | <input type="checkbox"/> headaches     |
| <input type="checkbox"/> Heart Disease        | <input type="checkbox"/> Hay Fever                    | <input type="checkbox"/> Sleep problem |
| <input type="checkbox"/> Chest Pain/Tightness | <input type="checkbox"/> Abdominal Discomfort         | <input type="checkbox"/> Asthma        |
| <input type="checkbox"/> Shortness of Breath  | <input type="checkbox"/> Indigestion                  | <input type="checkbox"/> Anxiety       |
| <input type="checkbox"/> Unexplained weight   | <input type="checkbox"/> Depression                   | <input type="checkbox"/> Alcohol Abuse |
| loss/gain                                     | <input type="checkbox"/> Nausea/Vomiting              | <input type="checkbox"/> Drug Abuse    |
| <input type="checkbox"/> Palpitations         | <input type="checkbox"/> Diarrhea                     |  |
| <input type="checkbox"/> Thyroid Disease      | <input type="checkbox"/> Constipation                 |  |
| <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Sexually Transmitted Disease |  |

HOSPITALIZATIONS &/OR OPERATIONS: (List year and type of operation OR diagnosis after hospitalization)

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**FAMILY HISTORY:**

Please list any major diseases that have been in your family and person with illness:

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Any family history of mental health issues / who

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Any family history of Drug or Alcohol Addiction

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**PREVENTION:**

Do you wear seat belts?	Y	N	Do you smoke?	Y	N
Do you wear a bike helmet?	Y	N	Amount: _____		
Do you drink coffee?	Y	N	Do you drink alcohol?	Y	N
Amount: _____			Are you following a specific diet	Y	N
Do you drink tea?	Y	N	Type of diet? _____		
Amount: _____			Is there a gun in your house?	Y	N
Do you exercise regularly?	Y	N	Do you ever feel afraid of your partner?	Y	N

**FOR WOMEN ONLY:**

**GYNECOLOGICAL AND OBSTETRIC HISTORY:**

Age at onset of periods: _____	Pregnancies: _____
Last menstrual period: _____	Births: _____
Frequency of menstrual cycle: _____	Miscarriages: _____